

Midtowner

WEEKLY BULLETIN OF ROTARY CLUB OF RAJKOT MIDTOWN • CLUB 31287 • R.I. DISTRICT 3060

rotaryclubofrajkotmidtown
/RotaryClubofRajkotMidtown

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2024 - 2025**

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Highlights

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REGISTRATIONS ARE INVITED FROM OUR SENIOR ANNETS FOR THE 25TH OCTOBER 2024 MEETING, WHERE YOU WILL BE VOICING OUT YOUR OPINIONS ON SOME OF THE BURNING ISSUES OF TODAY! IT'S GOING TO BE A BRAINSTORMING SESSION... MIDTOWNERS WATCH OUT!!



MEETING DETAILS

There is no meeting this week.



BLOW CANDLES ON



Pradeepbhai K Patel
19th October
99250 99977



Ajaybhai Patel
19th October
94262 16167



Adityabhai Lakhani
21st October
81540 90999



CLUB NEWS

MEETING MEIN -

What a funfilled and festive weekend it was, as the RCRM family danced, bonded, rejoiced and feasted together. The riot of colours and the frenzy of groovy music was mesmerizing. The Rangbheeni Radhas and the daring Khalasis of RCRM took the Navratri celebrations to the zenith with their zeal and enthusiasm.

1. 12th October 2024, Saturday: Mehendi function with fellowship dinner at D.P.MC summed up the glamorous event on Saturday night. Our Anns looked stunning with their henna coloured hands and the atmosphere was magical. A huge round of applause to First lady Sheetalben Aghera. The amount of time and thought put into the evening is truly praiseworthy. She brought life to the event with her traditional Chandarvo style decoration, the garba tunes and the mehendi arrangement for our lovely RCRM ladies.

Our male members bonded over the fellowship dinner. Love was in the air, as our male members supported their mehendi donned partners by helping them with their dinner too.. What a sight to behold!!

2. 13th October 2024: RCRM Sharadotsav 2024 was celebrated with great pomp and show at Saraza. Our Rotarians were impeccably dressed and were oozing Navratri vibes, the ambience was just perfect- it made for a great Sharadotsav 2024 evening. The choreographed performances were an absolute delight to the eyes and the hard work of the participants was evident. The free style garba that followed was the best way to bid adieu to Navratri 2024. The food was delectable and the evening will be remembered and cherished by one and all. All credits to President Divyeshbhai Aghera, Sheetalben Aghera and our Super talented Trushaben Vora for pulling off a splendid show.

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Dr. Nishant Rathod

Consultant Pediatric Neurologist
DNB, FIPN (Jaslok, Mumbai), FICG (SGPGI)



DISTRICT NEWS

Congratulations to Jigneshbhai Amrutiya and President Elect Jigneshbhai Kamdar for attending the 'Odyssey of Service-A Rotary Celebration' organised by District 3060 at Surat on 26th September 2024. They also had the opportunity to interact with the RI President Elect Mario Cesar Martins De Camargo at the ceremony.



D.P.M.C LALITALAY

Fibroscan Test Camp is scheduled at D.P.M.C on the 21st October 2024, Monday between 2:30pm to 6:30pm. The test which indicates the functioning of the liver, is going to be done free of cost for all the beneficiaries.



INTERNATIONAL YOUTH EXCHANGE PROGRAM

RCRM is delighted to host two new Youth exchange program students. This program helps youngsters experience different cultures, adapt to unfamiliar situations, cultivating resilience, problem-solving skills and adaptability. First we have, Mayara Gabrielly Germano Silva of Brazilian nationality (District 4540-Rotary club Ribeirão Preto entre rios). Her host family is Nidhiben and Mitulbhai Kadvani.

The second student is Dustin Lai Chen from Taiwan (Rotary district 3510-Sunrise Rotary Club). His host family is Bhavishaben and Harshbhai Vora.

We are thankful to both the Kadvani and Vora families for taking this opportunity to help in the learning curve of these students, introducing them to RCRM culture and for being their home away from home.



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SERVICE PROJECTS

1. JOY OF GIVING:

CLOTHES DISTRIBUTION DRIVE: After a whopping 18,000 clothes collection, the count doesn't seem to stop.... reaching 20,000+ clothes. These clothes were distributed by Anitaben Shah in the Jamnagar road slum area.



On 10th October 2024, RCRM along with the Rotract club of T.N Rao College distributed clothes to mentally challenged children and women of the Late Shri Pashuba Education and Charitable Trust.



ROTARY INTERNATIONAL NEWS

Rotary International's final push to eradicate polio: Rotary International is making a final push to eradicate polio, a potentially deadly disease that affects children under five.

With October 24 being the World Polio day, President Stephanie A Urchick is proudly rooting for Rotary, as it teams up around the world to End Polio Now. Donations are being collected from all over the world for the fight against polio. The team End Polio was also present at the Paris Olympics 2024 to raise global awareness.

President Stephanie urges all to team up against the fight against Polio by a number of ways:

- Donate to End Polio Now campaign
- Join or initiate a Polioplus Society in your Club or district
- or take inspiration from the fundraisers.



ACHIEVERS AND ACCOLADES

1. Congratulations to Rtn Hareshbhai Parmar for being elected as the Vice President of the "Rotary Means Business" Rajkot Chapter. Installation Meet is scheduled on 15th October.

2. Congratulations to Dr. Bijalben Thakkar, Rupaliben Desai, Ashaben Nathwani, Twinkleben Mehta, Ritaben Chauhan and Dr. Khushbuben Dodiya for representing RCRM at the Race Course Balbhavan Navratri event.

3. Congratulations to Dr. Banuben Dhakan, President Divyeshbhai Aghera and the entire Dental team for the extensive coverage of the JOY OF GIVING project along with Dental kit distribution drive by the Akila and Sanj Samachar newspapers.

4. Many congratulations to Devdaya Charitable Trust Wakaner, Dr. Bhanuben Mehta, Dr. Rajendrabhai Trivedi, Dr. Sushilbhai Karia and Dr. Niravbhai Mody for the successful distribution of 85 Hearing aids to those in need of them. This camp has been covered in many of the leading newspapers like Sanj Samachar, Bharat Headlines and others.



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FOOD FOR THOUGHT

‘ઊર્જા’

આપણું શરીર દ્રવ્યને ઊર્જામાં રૂપાંતરણ કરતું એક ગજબનું સાધન છે. જે કંઈ આ શરીરની અંદર પ્રવેશ કરે એ સાથે ટ્રાન્સફોર્મેશન શરૂ થઈ જાય છે. એ ખોરાક હોય, હવા હોય, દૃશ્ય કે ધ્વનિ... કંઈ પણ એ બધું અંદર આવતાં જ બદલાય જાય છે. આ જે બદલાય છે, રૂપાંતરણ થાય છે એ ક્યાં નિયમોને આધીન છે અને શા માટે છે એ જોવા - સમજવા જેવો વિષય છે. ચાર ફૂટના નાનકડા મંદિરમાં જે ઘટના બની રહી છે એ રહસ્યમયી અને વિસ્મયી છે. ઋષિમુનિઓએ એટલે જ કહ્યું કે ‘યથા પિંડે તથા બ્રહ્માંડે’

આ શરીરને અત્યારે હું કેટલું જાણું છું? જે કંઈ જોઉં કે જાણું છું એ તો હજુ બહાર બહારનો કે ઉપરછલ્લો પ્રદેશ હોય એવું લાગે છે. ક્યારેક કોઈક ક્ષણે એની શક્તિનો ચમત્કાર કે સાક્ષાત્કાર મળે, પણ એ તો ક્ષણિક. જો અસ્તિત્વની આ અદલત લીલાને મારે પૂર્ણ રીતે જોઈ લેવી હોય તો એ માટે જે માધ્યમ છે, એવા આ શરીરનો અભ્યાસ અને ઓળખ કેળવી લેવી પડે.

કહે છે કે, આ અદલત સાધન ત્રણ ગુણોનો ખેલ છે, સત્ય, રજસ, તમસ. અસ્તિત્વને જાણવા, ઓળખવા અને અનુભવવા માટે 14 કરણ આપ્યા છે. પાંચ કર્મેન્દ્રિય, પાંચ જ્ઞાનેન્દ્રિય, મન, બુદ્ધિ, ચિત્ત અને અહંકાર. આવી ઘણી બધી છે જે આ સાધનને ઓળખવામાં મદદરૂપ બને એ હેતુથી ક્લાસિકલિફિકેશન કરવામાં આવ્યું છે. આ તો માહિતી છે, માહિતીથી આગળ વાસ્તવિક દર્શનમાં ઉતરવું પડે.

બીજું, જેમ જેમ આ સાધનનો અભ્યાસ અને ઓળખ વધતી જાય એમ એમ આશ્ચર્ય અને વિસ્મય વધતું જાય. શરીર સાથેનો વ્યવહાર પણ બદલતો જાય. શરીર પ્રત્યે પ્રેમ પ્રગટે, સંવેદના વધે અને અનુગ્રહનો ભાવ આવતો જાય. આ સાધન સાથે થયેલ દુર્વ્યવહાર પણ ધ્યાનમાં આવે અને એનો ક્યાંક અફસોસ પણ થાય. આવી ઘણી ઘણી યાદ અને આ તો વળી શરૂઆતની સ્થિતિ. મજાની વાત તો હવે ચાલું થાય.

હવે આ સાધનનો સુંદરતમ ઉપયોગ શું થઈ શકે એ દિશામાં કામ ચાલુ થાય. હું એવું તો શું કરી શકું કે આ શરીર, આ ઘર, આ મંદિર જીવનનો રસ માણવામાં સહયોગ કરે...

એ સર્વોત્તમ ઉપયોગ છે નૃત્યા ઉત્ત્રાત હોય કે ઉન્માદ, પ્રલય હોય કે પ્રેમ, નૃત્ય જ સાધન રહ્યું છે. નટરાજ સ્વરૂપે તાંડવ અને રાસબિહારીની રાસ લીલા, એક પ્રચંડ શક્તિ તો બીજુ પરમ પ્રેમ નુ નૃત્ય જ તો છે!

નવરાત્રિ જે શક્તિના પર્વ તરિકે આપણે ઊજવીએ છીએ એ શક્તિ એટલે બાહ્ય પરિબળ નહિ પણ, કશુક અંદરથી મળે એ અને એને જગાડવામાં મદદ કરે એ ઊર્જા! ગરબો એટલે કે જેના ગર્ભમાંથી પ્રકાશ ફેલાય છે અને એની ઊર્જાને આલસાત કરવા ગરબા ફરતે મંડલાકારમાં થતું નૃત્ય એટલે ગરબા! જેમ સૂર્યની ફરતે પૃથ્વી ફરે છે, બ્રહ્માંડમાં ગ્રહો ફરે છે બધુ જ મંડલાકારમા! સૌર મંડલ, રાસ મંડલ અરે આપણે તો રંગોલી પણ મંડલાકારમાં કરીએ છીએ એની પાછળ પણ આ જ રહસ્ય હશે !

રહસ્યો તો અપાર છે ગોળાકાર ગરબે ઘૂમતા શરીર રૂપી સાધનથી કશુ સધાય તો...

Contributed by : Aartiben Mandauliya



CONDOLENCES

1. Deepest condolences to Rupali Shaileshbhai Desai and family on the sad demise of her father, Shri. Virenderbhai Ishwarlal Maankar.

2. Goodbye - Rtn. Bill Ashton (1939-2024), RC Davenport, Dist 6000 It is with a deep sense of loss that we announce the passing away of Rtn. Bill Ashton from the Rotary Club of Davenport, Iowa, USA on October 6, 2024 at the age of 85. He was a true friend of our Rotary Club of Rajkot Midtown, Dist 3060 India. Rtn Bill Ashton along with PDG Prafull Bhatt pioneered the relationship between Dist 6000 and our club and we have done many humanitarian projects together. Amongst the most meaningful is a 175-home township built by Rotary Club of Rajkot Midtown as a 3H project at a cost of US \$ 284,000. Rtn Bill was instrumental in arranging for RC Davenport, Dist 6000 and Dist 6400 to partner with us. Our joint efforts helped to give a brand new home to 175 families rendered homeless by the devastating earthquake of 26 January 2024. This integrated township which also has a school stands today as a tall testament to the effective humanitarian work and partnership between our Districts 3060/6000 and clubs. A 22 year old relationship that continues today with many Rotary grant projects as we coordinate with our dear friends Rachel & Calvin Litwiller and Brock Earnhardt. Our most sincere condolences! May his soul rest in peace.

Rtn Vikram Sanghani (Vikram_sanghani@hotmail.com) On Behalf of Rotary Club of Rajkot Midtown.

3. Condolences for the loss of Bharat ka Ratna: Shri Ratan Tata: A legend with a legacy walks into the sunset. (Penned by Dr. Ketanbhai Thakkar.)

An icon who coined gritty integrity in today's world of shortcuts takes the long path to heaven.

A lighthouse who blazed a trail in a nation of trials and travails and travesty.

An avant-garde takes a advantage guard at Lord Almighty's Abode.

A Ratan whose value will always be priceless.

A TATA who will always be ' Kabhi Alvida (ta..ta) na Kehna'

You will always be with us.

A Titan who never sunk Titanics

A Tanishq who was worth his weight in gold

A Taneira who whom we will always adore and adorn for his knowledge, art, craft.

An endangered species with humanity and humility in mind and body, heart and soul.